

THE Punchbowl BAR

Soups & Light Bites

Available from 12.30pm to 9.30pm

All produce is sourced locally, where possible,
and is prepared fresh to order.

Homemade Soup of the Day   € 4.95
Contains: Milk, Celery

Wild Atlantic Way Seafood Chowder € 8.00
*Contains: Wheat, Fish, Crustacean, Milk,
Celery, Mustard, Sulphites*

Our Soup & Chowder are served with Home Made Brown
Bread or Gluten Free Friendly Bread. *Brown Bread Contains:
Wheat, Sulphites, Milk, Nuts / Gluten Free Contains: Eggs*

Goats Cheese Tart  €8.25
Red Onion Jam, Basil Pesto, Rocket Salad, Aged Balsamic
Contains: Wheat, Milk, Nuts, Sulphites

	SMALL	LARGE
Classic Caesar Salad	€ 7.00	€10.00
Crisp Baby Gem Lettuce, Garlic Croutons, Caesar Dressing & Parmesan Cheese <i>Contains: Wheat, Eggs, Fish, Mustard, Milk, Sulphites Sesame, Soya</i>		

Add:

Warm Pesto Marinated Chicken Strips € 9.50 €14.00
Contains: Nuts

We wish you an enjoyable meal.

Sandwiches

Available to 6pm

Open Crab & Avocado €12.50

Homemade Brown Bread, Fresh Crab
with Side Salad & Caesar Dressing

Contains: Crustacean, Wheat, Eggs, Milk, Nuts, Mustard, Sulphites

Open Roast Chicken €7.95

Homemade White Soda Bread, Guacamole,
Watercress & Sun Blush Tomatoes

Contains: Wheat, Eggs, Milk

Open Roast Beef €7.95

Homemade White Soda Bread, Caramelised
Red Onions, Horseradish Mayonnaise

Contains: Wheat, Eggs, Milk, Mustar

The Malton Toasted Sandwich €9.50

Ham, Cheese, Tomato & Red Onion

Contains: Wheat, Soya, Milk, Nuts, Sesame

Smoked Chicken Wrap €11.50

Smoked Bacon, Tomato, Avocado Mayo & Rocket,
served in a Wrap, hot or cold with Fries & Side Salad

Contains: Wheat, Eggs, Milk, Mustard

The Malton Steak Sandwich €15.50

6oz Sirloin Steak, Roast Onions, Honey & Mustard Mayo,
served on a Ciabatta with Fries & Side Salad

Contains: Wheat, Eggs, Milk, Mustard, Soya, Sulphites, Nuts, Sesame

Main Courses

Available to 9.30pm

Chargrilled 8oz Sirloin of Irish Beef €24.50

With a choice of Garlic Butter or Pepper Sauce
with deep Fried Onion Rings, served with Mushrooms,
Cherry Vine Tomato & Fries

Contains: Wheat, Soya, Milk

Please allow 20 minutes for a well done Steak

Oriental Style Chicken Stir Fry €14.50

With Basmati Rice, Fresh Coriander

Contains: Wheat, Soya, Sesame

Beer Battered Cod €16.95

Served with Mushy Peas, Fries & Tartare Sauce

Contains: Fish, Wheat, Mustard, Sulphites, Eggs

Irish Beefsteak Burger €15.95

Steak Burger with Pulled Brisket, Knockatee Cheddar,
Celeriac Remoulade, Beef Tomato, Red Onion,
Lettuce & Gherkin, 1000 Island Mayo & Fries

*Contains: Wheat, Milk, Soya, Mustard, Eggs, Sesame,
Sulphites, MSG*

Fish of the Day  €16.95


Plain Grilled Fish with Steamed Green Vegetables,
a Light Saffron & Cucumber Cream & Baby New Potatoes

Contains: Fish, Milk, Sulphites

Thai Green Chicken Curry €14.50

Succulent Pieces of Chicken in a Thai Green Curry
Served with Basmati Rice, Garlic & Coriander Naan Bread

Contains: Soya, Milk, Nuts, Wheat, Milk

Fresh Tagliatelle Pasta with Mushrooms 
€14.00

Wild Mushrooms, Crème Fraiche & Torn Basil

Contains: Wheat, Eggs, Milk

To Finish

Warm Apple Tart, Cider & Thyme Anglaise with Vanilla Bean Ice Cream <i>Contains: Wheat, Eggs, Milk, Sulphites, Peanuts, Nuts</i>	€5.95
Chocolate Brownie, Chocolate Sauce Served warm with Vanilla Ice Cream <i>Contains: Milk, Eggs, Soya, Wheat, Nuts, Peanuts</i>	€ 5.95
Rosewater Meringue  Served with Seasonal Berries <i>Contains: Milk, Eggs</i>	€5.95
Dessert of the Day <i>Allergens Depend on Dessert</i>	€ 5.95

Beverage Selection

Bewley's Fair Trade Organic Coffee	€ 2.85
Fair Trade Organic Decaffeinated Coffee	€ 2.85
Organic Tea	€ 3.00
Herbal Teas	€ 3.00

Speciality Coffees

Cappuccino <i>Contains: Milk</i>	€3.00
Latte <i>Contains: Milk</i>	€3.00
Espresso	€ 3.00

Liqueur Coffees

Irish Coffee	€ 6.50
French Coffee	€ 6.50
Baileys Coffee <i>Contains: Milk, Sulphites</i>	€ 6.50