



INNISFALLEN
HEALTH & BEAUTY ROOMS



The Innisfallen Health and Beauty Rooms provide a full range of facial and body skincare treatments, all designed to awaken your natural beauty. We use Yon-Ka skincare products to provide a choice of highly personalised, natural treatments to enhance all skin types.

Yon-Ka symbolises 'Constant Regeneration', which perfectly describes the deep-down repair and nourishment of these treatments for face and body. Yon-Ka products are all natural and alcohol free, promoting relaxation, wellbeing and total rejuvenation for mind, body, and spirit. Appointments are taken for treatments, and we would encourage you to book in advance. Please contact the Innisfallen Health and Beauty Rooms direct line – 064-36949.



YON
KA[®]
PARIS

A woman is lying on a massage table, receiving a facial treatment. Her eyes are closed, and she has a relaxed expression. A therapist's hands are visible, gently massaging her face. A thick layer of white steam is rising from the table, partially obscuring the lower part of her face and neck. The background is a plain, light-colored wall.

face

Le Grande Classique

Approx. 1hr 15mins

€70

Deep pore cleansing, restoring and relaxing facial.

A truly personalised and complete skincare treatment! Progressive, successive cleansing, followed by a relaxing massage with invigorating, balancing, natural aromas, combine to leave skin deeply clean and the complexion radiant.

Hydralessence Visage

Approx. 1hr 15mins

€75

Long-lasting, deep hydrating facial.

This high performance, deep hydrating facial will revive even the most dehydrated complexions. Luxuriate in the warmth of healing hands while your skin is bathed in a moisture surge of oils, creams and elixirs, prescribed just for your skin type. Sheer bliss!

Plaisir d'Arômes

Approx. 1hr

€65

Aromatic relaxing and wellbeing facial.

This cocooning treatment unites all of the beneficial elements of Yon-Ka skincare, including a warm aromatic compress and an enveloping, relaxing massage - calming the mind and leaving you with a glowing complexion, ready to face the day.

Plaisirs Des Sens

Approx. 1hr 30mins

€105

"Pleasure of the Senses"

This re-balancing and utterly luxurious facial combines hot stone back massage with skin hydration and colour gem therapy. Working on the chakra points, this wonderfully nourishing and detoxifying treatment alleviates stress and tension, whilst noticeably brightening your complexion. Leaves skin luminous and soft, rejuvenating your mind and body with a sense of wellbeing.

Optimiser – Lift Effect Facial

Approx. 1hr

€75

Every part of this miracle treatment encourages flawless skin and perfect tone. In an hour your face is "lifted" with a redefined contour.

Alpha-Vital

Approx. 1hr 15mins

€75

Resurfacing AHA-BHA Treatment

Deeply penetrating and hydrating – this is renovation for your skin. Smoothing out roughness, this repairing treatment gives your complexion luminosity, radiance and renewed softness.

Eclat Contour (Eye Treatment)

45mins

€55

Anti-Wrinkle, Anti-Puffiness, Anti-Dark Circles. These eye treatments provide you with the ultimate tool to preserve the fragile beauty of your eyes.

body



Seaweed Body Treatments

Approx. 1hr

€65

Metabolism boosting and slimming

The detoxifying and slimming qualities of micronised seaweed enrich your whole body with vitamins and nutrients from the sea. A soothing seaweed mask is massaged into the skin, boosting metabolism and aiding circulation and the breakdown of cellulite. Followed by a warm, healing wrap to relax you to your very core.

Phyto Marine

Approx. 1hr to 1hr 15mins

€90

This slimming body treatment wrap begins with exfoliation, followed by nourishing cream to hydrate the skin. Choose between two full body vitamin-rich masks of either marine clay or micronised seaweed. Both treatments are complete with precisely targeted healing and stimulating essential oils, giving visible results that leave you feeling invigorated and looking your best.

Yon-Ka Deep Back Cleanse Approx. 1hr €65

Including Aromatherapy Back Massage

Detoxify and rejuvenate your back with essential vitamins and nutrients.

SoinsVelours Approx. 1hr €75

Moisturising Body Polish Treatment – Invigorating or Relaxing

One treatment with two choices for satin-soft skin. Choose from marine mineral salts for an invigorating scrub, or a moisturising, exfoliating soft gel peel for a more relaxing, gentle treatment. Followed with a nourishing, deeply hydrating massage for skin as soft as velvet!

for gents

Hot Stone Massage 1hr €80 1/2hr €45

Le Grande Classique 1hr €65

Deep pore cleansing and grooming facial.

L'hydrant Approx. 1hr 15mins €70

Long-lasting, deep hydrating facial and conditioning treatment.

Hydrotherapy Bath 20mins €30

In a practice dating back to Ancient Greece, warm water envelopes your body to soothe aches and promote better blood circulation. A blend of plant extracts, essential oils and aromas leave you with a unique sense of energy and wellbeing.



hand & foot treatments

Jessica Manicure

Approx. 40mins

€45

A personalised regime for softer, silky-smooth hands and beautiful, healthy nails.

Zen Pedicure

Approx. 50mins

€50

Pure luxury: Deep clean and rejuvenate your feet to an enviously soft condition. Exfoliates dry, dull skin cells, leaving your feet sandal-ready and beautiful.

Note: Please wear open toe footwear to allow polish to dry properly.

File & Paint

Approx. 20mins

€20

French Polish

€25





Yon-Ka Deep Back Cleanse

Approx. 1hr

€65

Including Aromatherapy Back Massage

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SoinsVelours

Approx. 1hr

€75

Moisturising Body Polish Treatment – Invigorating or Relaxing

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for gents



Tinting

24hr Skin Test is required prior to first time initial tinting.

Eyelash Tint	€16	Eyebrow Tint	€12
Eyebrow Wax	€12	Brow/Lash Tint & Wax	€34

Massage Treatments

Swedish Massage	1hr	€70	1/2hr	€40
Yon-Ka Aroma Lux Massage	1hr	€75	1/2hr	€40
Hot Stone Massage	1hr	€80	1/2hr	€45
Lomi Lomi Massage	1hr	€75	1 1/2hr	€105
Indian Head Massage	1/2hr	€40		

Cancellation Policy

Your health and beauty appointments are reserved just for you. As a courtesy to other guests, please give us four hours notice if you must cancel or reschedule an appointment. You will be billed 50% of the services reserved if you should cancel or change in less than four hours. Failure to show for appointments will result in a 100% charge for reserved services. For cancellation of a package, 24 hours is required.





YON
KA

DERMOLIT

Peptide complexe
à l'acide hyaluronique

e 15 ml - Net 0.5 FL. OZ.

Opening Hours

Sunday-Wednesday	9:30am-5:30pm
Thursday	9:30am-8:00pm
Friday	9:30am-8:00pm
Saturday	9:30am-7:00pm

Gift Vouchers Available

INNISFALLEN
HEALTH & BEAUTY ROOMS 

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